

Professional Appointments

Clinical Associate Professor (Volunteer)
Department of Surgery
Rowan School of Osteopathic Medicine
Stratford, New Jersey 08084
1 March 2018 – current

Clinical Instructor - Department of Orthopaedic Surgery
Division of Podiatric Medicine and Surgery
University of Texas Health Science Center at San Antonio
San Antonio, Texas 78229
Dates of attendance: 1 July 2010 to 30 June 2011

Postgraduate Education

University of Texas Health Science Center at San Antonio
Department of Orthopaedic Surgery
Fellowship: Reconstructive Foot and Ankle Surgery
Dates of attendance: 1 July 2010 to 30 June 2011
San Antonio, Texas 78229

Fountain Valley Regional Hospital and Medical Center
Podiatric Medicine and Surgical Residency - 36 months
Dates of attendance: 1 July 2007 to 30 June 2010
Fountain Valley, California 92708

Professional Education

New York College of Podiatric Medicine (NYCPM)
Degree: Doctorate of Podiatric Medicine (DPM)
Dates of attendance: 2003-2007
New York, New York 10035

Undergraduate Education

Franklin and Marshall College
Degree: Bachelor of Arts
Major: Biochemistry and Molecular Biology
Dates of attendance: 1999-2003
Lancaster, Pennsylvania 17604

Awards/Distinctions

- Riverview High School Distinguished Alumni. 2012
- Pi Delta National Podiatry Honor Society-Gamma Chapter. 2007
- Frank Martino, DPM Memorial Scholarship, 1st Place; Podiatry Foundation of Pittsburgh. 2006
- Christopher T Fatone, DO and Thomas F Fatone, II Scholarship; American Podiatric Medical Association Educational Foundation. 2006
- Rocky Graziano Jr, DPM Memorial Scholarship, 2nd Place; Podiatry Foundation of Pittsburgh. 2005
- Julie and Robert Hilkemann, DPM Scholarship; American Podiatric Medical Association Educational Foundation. 2005
- Scott Griffith, DPM Memorial Scholarship, 1st Place; Podiatry Foundation of Pittsburgh. 2004
- New York College of Podiatric Medicine Student Service Award. 2004
- Scott Alter, DPM Memorial Scholarship, 1st Place; Podiatry Foundation of Pittsburgh. 2003

Professional Organizations

American Podiatric Medical Association
Fellow, American College of Foot and Ankle Surgeons
Healogics: Hyperbaric Medicine & Problem Wound Management

Publications

Ramanujam CL, **Facaros Z**, Zgonis T. An Overview of Bone Grafting Techniques for the Diabetic Charcot Foot and Ankle. Clinics in Podiatric Medicine and Surgery 2012 October;29(4):589-595.

Ramanujam CL, **Facaros Z**. An Overview of Conservative Treatment Options for Diabetic Charcot Foot Neuroarthropathy. Diabetic Foot and Ankle 2011, 2:6418.

Ramanujam CL, **Facaros Z**, Zgonis T. Abductor Hallucis Muscle Flap with Circular External Fixation for Charcot Foot Osteomyelitis: A Case Report. Diabetic Foot and Ankle 2011, 2:6336.

Facaros Z, Ramanujam CL, Stapleton JJ, Zgonis T. Pertinent insights on plastic surgery and the diabetic foot. Podiatry Today 2011 Mar;24(3):58-67.

Ramanujam CL, **Facaros Z**, Zgonis T. Perioperative management of the dysvascular foot and ankle. Perioperative Nursing Clinics 2011 Mar;6(1):17-26.

Facaros Z, Stapleton JJ, Polyzois VD, Zgonis T. Management of Foot and Ankle Trauma. Perioperative Nursing Clinics 2011 Mar;6(1):35-43.

Capobianco CM, **Facaros Z**, Zgonis T. Perioperative considerations for external fixation in foot and ankle surgery. Perioperative Nursing Clinics 2011 Mar;6(1):59-66.

Stapleton JJ, **Facaros Z**, Polyzois VD, Zgonis T. Surgical management of diabetic Charcot foot and ankle deformities. Perioperative Nursing Clinics 2011 Mar;6(1):67-74.

Facaros Z, Kissel SP, Palladino MG, Zgonis T. Postoperative complications in foot and ankle reconstruction. Perioperative Nursing Clinics 2011 Mar;6(1):75-88.

Facaros Z, Ramanujam CL, Zgonis T. Primary subtalar joint arthrodesis with internal and external fixation for the repair of a diabetic comminuted calcaneal fracture. Clinics in Podiatric Medicine and Surgery 2011 Jan;28(1):203-209.

Ramanujam CL, **Facaros Z**, Zgonis T. External fixation for surgical off-loading of diabetic soft tissue reconstruction. Clinics in Podiatric Medicine and Surgery 2011 Jan;28(1):211-216.

Facaros Z, Ramanujam, CL, Stapleton JJ. Combined circular external fixation and open reduction internal fixation with pro-syndesmotic screws for repair of a diabetic ankle fracture. Diabetic Foot and Ankle 2010, 1:5554.

Cooper PS, Ramanujam CL, **Facaros Z**, Zgonis T. Stepwise Approach to Charcot Midfoot Reconstruction and External Fixation. In: Cooper PS, Polyzois VD, Zgonis T, ed. External Fixators of the Foot and Ankle. Philadelphia, PA: Lippincott Williams & Williams; 2013: 262-292.

Ramanujam CL, **Facaros Z**, Zgonis T. Surgical Off-loading External Fixation and Plastic Reconstruction of the Foot and Ankle. In: Cooper PS, Polyzois VD, Zgonis T, ed. External Fixators of the Foot and Ankle. Philadelphia, PA: Lippincott Williams & Williams; 2013: 360-376.

Ramanujam CL, **Facaros Z**, Stapleton JJ, Zgonis T. Current Surgical Approaches to the Diabetic Charcot Foot and Ankle Reconstruction in the United States. In: Batista F. Diabetic Foot Management Around the World Expert Surgeon's Point of View. Sao Paulo, Brazil: Andreoli; 2012: 91-117.

Lectures

Invited Speaker, Rearfoot/Cavus/Planus Pathologies and Osteotomy Techniques, Jefferson Health New Jersey Podiatric Residency Program; Washington Township, New Jersey. October 2018.

Invited Speaker, Nail Avulsion Procedure and Related Nail Disorders, Family Medicine Residency, Rowan School of Osteopathic Medicine; Stratford, New Jersey. October 2018.

Invited Speaker and Lab Instructor, Surgical Off-Loading of the Diabetic Foot, 11th Annual International External Fixation Symposium; San Antonio, Texas. December 2016.

Invited Speaker, Common Foot and Ankle Injuries in Runners, Fredericksburg Regional Sports Symposium; Fredericksburg, Virginia. December, 2015.

Invited Speaker, Conservative & Surgical Treatment for Non-ulcerated Chronic Charcot Foot & Ankle / Diabetic Charcot Foot Deformity, Ulceration & Osteomyelitis, 9th Annual International External Fixation Symposium; San Antonio, Texas. December 2014.

Invited Speaker, Lisfranc Injuries, Fredericksburg Regional Sports Symposium; Fredericksburg, Virginia. December, 2014.

Invited Speaker and Lab Instructor, Hallux Rigidus/ Surgical Off-Loading with External Fixation for the Diabetic Foot, 8th Annual International External Fixation Symposium; San Antonio, Texas. December 2013.

Invited Speaker, Wound Healing Center Panel Meeting, Off-Loading Modalities for Plantar Foot Ulcerations; Holy Family Medical Center, Des Plaines, Illinois. May 2013.

Invited Speaker, Foot and Ankle Reconstruction Techniques in Limb Salvage, Illinois Podiatric Medical Association Fall Seminar; Lombard, Illinois. November 2012.

Invited Speaker, Grand Rounds, LisFranc and 5th Metatarsal Fractures, Mount Sinai Hospital/FHCC Podiatric Residency Program; Chicago, Illinois. March 2012.

Invited Speaker, Grand Rounds, Plastic Surgery Reconstruction of the Diabetic Foot, Advocate Illinois Masonic Medical Center Podiatric Residency Program; Chicago, Illinois. January 2012.

Invited Speaker and Lab Instructor, The Role of External Fixation in Plastic Surgery of the Diabetic Foot, 7th Annual International External Fixation Symposium; San Antonio, Texas. December 2011.

Invited Faculty and Moderator, International Flap and Dissection Advanced Course; Athens, Greece. February 2011.

Invited Speaker, Grand Rounds, Ankle Fusions, University of Texas Health Science Center at San Antonio Podiatric Residency Program; San Antonio, Texas. January 2011.

Invited Speaker and Lab Instructor, Rheumatoid Foot and Ankle / Vertical Talus and Clubfoot Correction, 6th Annual International External Fixation Symposium; San Antonio, Texas. December 2010.

Research Trials

DIApedia Sub-Investigator, Diapedia CareFUL Prevention Study. Prospective, Randomized, Multiple Site Clinical Trial Comparing the Effectiveness of Novel Pressure Based Insoles to Current Care For Ulcer Prevention. DIApedia. Weil Foot and Ankle Institute, Des Plaines, Illinois. 1 September 2011 to 12 July 2013.

Integra Sub-Investigator, Integra Dermal Regeneration Template/Diabetic Foot Ulcer Study. Multi-Center, Randomized, Controlled Clinical Trial to Evaluate the Safety and Effectiveness of Integra Dermal Regeneration Template for the Treatment of Neuropathic Diabetic Foot Ulcers. Amarex Clinical Research, Integra LifeSciences Incorporation. University of Texas Health Science Center at San Antonio, San Antonio, Texas. 1 July 2010 to 30 June 2011.

Editorial Activities

Reviewer: Diabetic Foot & Ankle Open Access Journal

Additional Contributions to Publications

Dr. Facaros is quoted in the article *Dialysis Treatment Takes Toll on Diabetic Foot Care* in the July 2012 issue of Lower Extremity Review.